

Baraka Community Association – Newsletter, Summer 2018

Baraka's young members are back at school, college and university, taking with them some fabulous memories of summer 2018 thanks to Baraka's busy and varied holiday schedule. We offered them opportunities to get away, to try new things as well to prepare for the future by developing their career ideas and working on university applications.

Here's a summary of Baraka's summer:

Trips: Our annual residential trip to **Hindleap Warren Outdoor Education Centre** in East Sussex was bigger and better than ever, with 38 young Baraka members along with four teenage Baraka mentors joining several local supplementary schools on the trip.

At Hindleap Warren, the young people were able to participate in five days of exciting and challenging activities, including kayaking, water sports, zip wire, rock climbing, archery, bushcraft, team challenges, forest adventure and orienteering.



#Paul Hamlyn Foundation @phf_uk #Kensington and Chelsea Foundation @KandCFoundation

Thorpe Park In August, 105 young people, including a number seriously affected by last year's Grenfell fire, enjoyed a fun-packed day at Thorpe Park

K C foundation, #Paul Hamlyn Foundation @phf_uk, #westway trust



Chessington World of Adventure 120 young people, including some directly affected by Grenfell, enjoyed a wild time at Chessington. Younger children were accompanied by their parents. # K C foundation, #paul Hamlin, #westway trust

Butlins We were delighted to be able to offer two families of Grenfell survivors, 14 individuals, a trip to Butlins, to make the most of the hot summer. You can read the words of two of the holiday makers below. #k and c foundation.



Mother

"Every little minute I enjoyed. There are no words, we were so happy. The kids were happy every minute. We loved the place, the staff, the food, everything!
It was good to get away from London and be somewhere beautiful and new. We are so grateful and had so much fun."

Daughter Age 7

"It was really fun because you get to do lots of activities like swimming, trampolining and go to the pool and circus.
The magic show we saw was unbelievable because the tricks were silly and really magical.
The waterpark was amazing because there was water everywhere and one day we had a water fight and we threw water all over Mummy.
The apartment and balcony was really nice because you get fresh air instead of staying inside all day.
It looks like someone's house who is really popular. The food was really yummy. The best part at the restaurant was the ice cream you had for desert.
I can't wait to go again."

*Thank you to Baraka Community Association
&
Kensington and Chelsea Foundation for the wonderful opportunity.*

Sports: For those wanting to get active and learn new sports, Baraka offered **Kayaking**, **canoeing** and **table tennis** at Canalside Sports Centre. The sessions proved to be a hit and we are now running girls' classes every Wednesday, get in touch to find out more

#sports England

We also took a group of 20 children **trampolining** at Oxygen in Park Royal and a group of 14 boys had a great time **quad biking** early in the summer

#Westway Grenfell Support #Oxygenfreejump

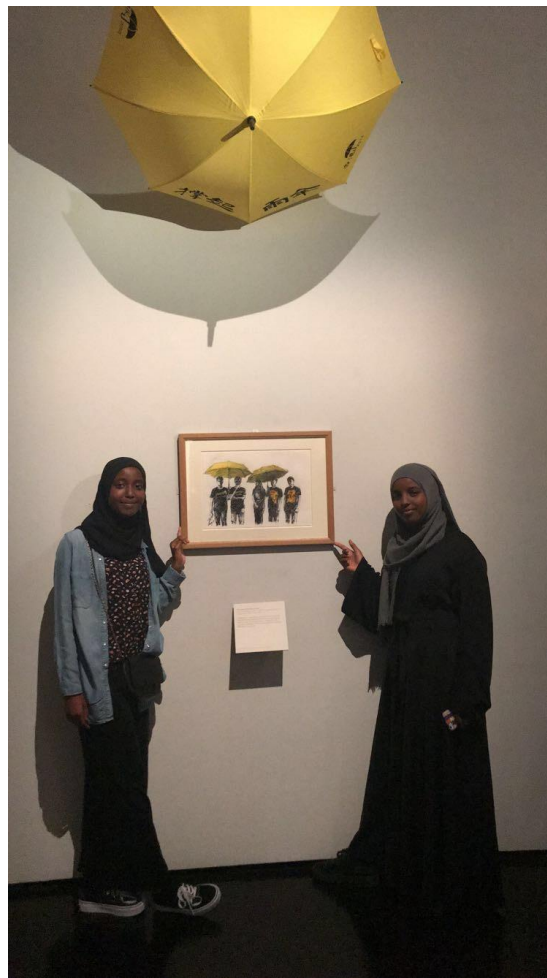
Wellbeing

Baraka delivered the first of our **Emotional Health and Wellbeing workshops** for girls in August. The session facilitated a group of local girls to discuss issues that affect them. The girls identified the areas they want to work on and opportunities they would like to explore. Following this, the girls learned about healthy hair and enjoyed a visit to a local salon for treatments.

#Go Golborne

Culture

A group of 12 from Baraka took up the opportunity of a community preview of *I Object: Ian Hislop's search for dissent* exhibition at the **British Museum**, curated by Ian Hislop. The young people learned about the history of creative dissent, subversion and satire. One of them said: "It was really interesting to learn how people expressed themselves in the old days".



@BM_Schools

Knife crime

23 young men from West London attended the first of our workshops on knife crime and its associated issues, gaining insight into the causes of the phenomenon and identifying strategies for dealing with the problem. Another even will take place on the 20th September in White City. Please [contact us](#) for more information.

@Prevent_HF_KC

Education

With many Baraka members preparing to take their first steps into the workforce, Baraka arranged a CV clinic with the experts of **Portobello Business Centre** to enable the young people to start writing their CVs and thinking about career options. PBC were kind enough to invite the young people back for one-on-one sessions any time.

And Baraka delivered **Personal Statement Writing** workshops for young people preparing their UCAS applications. Students learned the craft of writing an effective statement, which could make the difference in getting the university place they want. The students were given a guide, which is available for free download [here](#).

@PortobelloBC

Youth Consultations

As well as delivering services and activities for the young people, Baraka has been keen to hear their views on their situations and what they need. The first of two consultations with local young people was held in August. The second, a session for young women, is planned for 15th September. Any young people wishing to take part can contact Baraka [directly](#). We will publish the findings in a report and use them to inform the sorts of opportunities that we offer to young people.

Coming Up

This Autumn, as well as our regular educational classes, Baraka will be offering girls sports, boys boxing and cycling workshops. Get in touch or see our website for more details.

barakacommunityassociation.com @Baraka_CA

